

# Willamalane Park Swim Center

Calendar Effective: March 24-30, 2024

## Warm Pool

| Sunday | Monday                                    | Tuesday                                 | Wednesday                                 | Thursday                                | Friday                                  | Saturday |
|--------|---|---|---|---|---|----------|
| Closed | Exercise on Your Own<br>6-9 a.m.          | Exercise on Your Own<br>6 a.m. -12 p.m. | Exercise on Your Own<br>6-9 a.m.          | Exercise on Your Own<br>6 a.m. -12 p.m. | Exercise on Your Own<br>6-9 a.m.        | Closed   |
|        | Exercise that Feels Good<br>9-9:45 a.m.   |   | Exercise that Feels Good<br>9-9:45 a.m.   |   | Exercise that Feels Good<br>9-9:45 a.m. |          |
|        | Aquatone<br>10-10:45 a.m.                 |   | Aquatone<br>10-10:45 a.m.                 |   | Aquatone<br>10-10:45 a.m.               |          |
|        | Exercise on Your Own<br>11 a.m.-4:30 p.m. | Ai Chi<br>12-12:45 p.m.                 | Exercise on Your Own<br>11 a.m.-4:30 p.m. | Ai Chi<br>12-12:45 p.m.                 | Ai Chi<br>11-11:45 a.m.                 |          |
|        |   | Exercise on Your Own<br>12-4:30 p.m.    |   | Exercise on Your Own<br>12-4:30 p.m.    | Exercise on Your Own<br>12-4:30 p.m.    |          |
|        | Recreation Swim<br>4:30-7:30 p.m.         | Recreation Swim<br>4:30-7:30 p.m.       | Recreation Swim<br>4:30-7:30 p.m.         | Recreation Swim<br>4:30-7:30 p.m.       | Recreation Swim<br>4:30-7:30 p.m.       |          |
|        | Kayak<br>7:30-9 p.m.                      | Exercise on Your Own<br>7:30-9 p.m.     | Kayak<br>7:30-9 p.m.                      | Exercise on Your Own<br>7:30-9 p.m.     | Exercise on Your Own<br>7:30-9 p.m.     |          |

## Dive Tank

| Sunday | Monday                                   | Tuesday                                  | Wednesday                                | Thursday                                 | Friday                                   | Saturday |
|--------|--|--|--|--|--|----------|
| Closed | Exercise on Your Own<br>6 a.m.-7 a.m.    | Exercise on Your Own<br>6 a.m.-4:30 p.m. | Exercise on Your Own<br>6 a.m.-7 p.m.    | Exercise on Your Own<br>6 a.m.-4:30 p.m. | Exercise on Your Own<br>6 a.m.-4:30 p.m. | Closed   |
|        | Hydro-Fit<br>7-7:45 a.m.                 |  | Hydro-Fit<br>7-7:45 a.m.                 |  |  |          |
|        | Deep Water Exercise<br>8-8:45 a.m.       |  | Deep Water Exercise 8-8:45 a.m.          |  |  |          |
|        | Exercise on Your Own<br>9 a.m.-4:30 p.m. |  | Exercise on Your Own<br>9 a.m.-4:30 p.m. |  |  |          |
|        | Recreation Swim<br>4:30-7:30 p.m.        | Recreation Swim<br>4:30-7:30 p.m.        | Recreation Swim<br>4:30-7:30 p.m.        | Recreation Swim<br>4:30-7:30 p.m.        | Recreation Swim<br>4:30-7:30 p.m.        |          |
|        | Exercise on Your Own<br>7:30-9 p.m.      | Exercise on Your Own<br>7:30-9 p.m.      | Exercise on Your Own<br>7:30-9 p.m.      | Exercise on Your Own<br>7:30-9 p.m.      | Exercise on Your Own<br>7:30-9 p.m.      |          |

## Lap Lanes

| Sunday | Monday                             | Tuesday                            | Wednesday                          | Thursday                           | Friday                             | Saturday |
|--------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|----------|
| Closed | Open Lap Lanes<br>6 a.m.-3:30 p.m. | Open Lap Lanes<br>6 a.m.-3:30 p.m. | Open Lap Lanes<br>6 a.m.-3:30 p.m. | Open Lap Lanes<br>6 a.m.-3:30 p.m. | Open Lap Lanes<br>6 a.m.-3:30 p.m. | Closed   |
|        | Swim Team<br>3:30-7:30 p.m.        | Swim Team<br>3:30-7:30 p.m.        | Swim Team<br>3:30-7:30 p.m.        | Swim Team<br>3:30-7:30 p.m.        | Swim Team<br>3:30-7:30 p.m.        |          |
|        | Underwater Hockey<br>7:30-9 p.m.   | Open Lap Lanes<br>7:30-9 p.m.      | Open Lap Lanes<br>7:30-9 p.m.      | Underwater Hockey<br>7:30-9 p.m.   | Open Lap Lanes<br>7:30-9 p.m.      |          |

## Facility Closures / Use Adjustments

March 26: 9 to 10:30 a.m. - Dive Tank Closed

For detailed lap lane availability, please check with the front desk or call 541-736-4080