

WILLAMALANE FITNESS EXPO

GROUP EXERCISE CLASS SCHEDULE

9:15 a.m.

Beginning Line Dance

McKenzie Room

Instructor: Lila

Restorative Yoga

Santiam Room

Instructor: Sarah

10:15 a.m.

Zumba

McKenzie Room

Instructor: Johonna

Core Yoga

Santiam Room

Instructor: Steph

11:15 a.m.

Nia

McKenzie Room

Instructor: Janet

Hatha Yoga

Santiam Room

Instructor: Robin

