



# SENIOR AND DISABILITY SERVICES

# J U L Y



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ALLERGEN DISCLAIMER:</b> This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.</p>	1	2	3 <b>Independence Day Special</b>	4
	Chicken Mushroom Bake Beef Spanish Rice Whole Kernel Corn Broccoli Ranch Salad Seven Grain Roll Fresh Orange	✓ Spinach Strata Pork Sausage Patty w/Cheese Diced Potatoes California Vegetables Biscuit Seasonal Fresh Fruit	Hamburger w/Campfire Sauce BBQ Pulled Chicken Baked Beans Coleslaw Hamburger Bun Confetti Cake	<b>Closed</b>
7	8	9 <b>Around the World</b>	10	11
Homestyle Turkey Patty w/ Poultry Gravy Baked Fish w/ Lemon Rosemary Sauce Diced Red Potatoes Club Spinach (warm) French Bread Fresh Orange	Beef Chili w/Beans Chicken Penne Pasta Broccoli & Carrots Bayou Slaw Cornbread Fresh Apple	New! Greek Chicken Thigh New! Gyro Slices (beef/lamb) New! w/ Cucumber-Yogurt Sauce Broccoli Tomato, Cucumber, & Feta Salad Pita Bread Frosted Yellow Cake-Birthday	Tuna Salad Half Sandwich Ham & Swiss Cheese Half Sandwich ✓ Shredded Lettuce Lentil Soup Carrot Raisin Salad Whole Wheat Bread Tropical Fruit	✓ Ground Beef Stew Vegetable Romanoff Whole Kernel Corn Kidney Bean Salad Multigrain Roll Fresh Banana
14	15	16	17	18
Pineapple Chicken Homestyle Pork Patty w/ Pork Gravy Oven Roasted Potatoes Glazed Carrots Cracked Wheat Bread Fresh Apple	Spaghetti & Meat Sauce Chicken Piccata Green Beans Spinach Romaine Salad Garlic Roll Seasonal Fruit	✓ Cottage Cheese New! Chicken Cobb (bacon) Salad w/ Ranch Dressing over Spinach Romaine Pickled Beets Wheat Roll Tropical Fruit	<b>Closed</b>	<b>Closed</b>
21	22 <b>Around the World</b>	23	24	25
✓ Turkey Rice Bake Cheese Lasagna Roll w/ Alfredo Sauce Stewed Tomatoes Apple Cranberry Coleslaw Seven Grain Roll Fresh Orange	Orange Glazed Chicken New! Pork Char Siu Rice Pilaf Sesame Green Beans Carrot Mandarin Salad Fortune Cookie	Country Meatballs w/ Gravy Herbed Chicken Patty w/ Country Gravy Whipped Potatoes Spinach Onion Bread Pineapple Tidbits	Chicken w/ Dijon Mustard Sauce Breaded Fish w/ Tartar Sauce Delmonico Potatoes Mixed Vegetables Rye Bran Bread Fresh Apple	✓ Chicken Fajita Bowl Pasta Primavera Fiesta Vegetables Cilantro Coleslaw Oat Bran Wheat Roll Fresh Banana
28	29	30	31	
Mozzarella Chicken Pizza Pasta Bake (pork) Broccoli and Cauliflower Garbanzo Bean Salad French Roll Seasonal Fruit	Shoyu Chicken BBQ Pork Rib Patty Garlic Whipped Potatoes Mixed Vegetables Honey Wheat Bread Peaches	✓ Cheese Omelet w/ Salsa Pork Sausage Gravy Red Potatoes Broccoli Biscuit Fresh Banana	Sloppy Joe BBQ Chicken Sandwich Green Peas Carrot & Pineapple Salad WG Hamburger Bun Fresh Apple	Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) Milk Served with Meals.
✓ denotes vegetarian option New! denotes new item				