



# AUGUST



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
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| <p>Allergen Disclaimer: This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten.</p> | <p><b>Suggested Donation \$3</b></p>   |  |  | <p><b>8/1</b></p> <p>Southwest Chicken Pasta Bake<br/>Sweet &amp; Sour Pork<br/>Brown Rice<br/>Mixed Vegetables<br/>Pineapple Slaw<br/>Seven Grain Bread<br/>Tropical Fruit</p>                |
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| <p><b>8/4</b></p> <p>✓ Chili Macaroni<br/>Southwest Omelet Bake<br/>Sliced Carrots<br/>Broccoli Ranch Salad<br/>Rye Bran Roll<br/>Fresh Orange</p>   | <p><b>8/5</b></p> <p>Salisbury Steak<br/>w/ Brown Gravy<br/>Herbed Chicken Patty<br/>w/ Creole Sauce<br/>Lyonnais Potatoes<br/>California Vegetables<br/>Sunflower Bread<br/>Pineapple Tidbits</p>             | <p><b>8/6</b></p> <p>Shaved Turkey Half Sandwich<br/>Meatloaf Half Sandwich<br/>Potato Onion Soup<br/><i>New!</i> Spinach Salad with Radishes<br/>Tropical Fruit<br/>Balsamic Dressing<br/>Balsamic Dressing</p> | <p><b>8/7</b></p> <p>Beef Soft Taco<br/>Lettuce &amp; Tomato<br/>Chicken Fajitas<br/>Shredded Cheese<br/>Pinto Beans<br/>Romaine Iceberg Salad<br/>Lemon Dressing<br/>Flour Tortilla<br/>Fresh Banana</p>  | <p><b>8/8</b></p> <p>✓ Macaroni &amp; Cheese<br/>White Bean Chicken Chili<br/>Peas &amp; Carrots<br/>Cucumber and Red Onion Salad<br/>Squash Bread<br/>Fresh Apple</p>                         |
| <p><b>8/11</b></p> <p>✓ Ground Beef Stew<br/>Vegetable Romanoff<br/>Whole Kernel Corn<br/>Kidney Bean Salad<br/>Multigrain Roll<br/>Fresh Banana</p>   | <p><b>8/12</b></p> <p>Homestyle Turkey Patty<br/>w/ Poultry Gravy<br/>Baked Fish<br/>w/ Lemon Rosemary Sauce<br/>Diced Red Potatoes<br/>Club Spinach (warm)<br/>French Bread<br/>Fresh Orange</p>              | <p><b>8/13</b></p> <p>Beef Chili w/ Beans<br/>Chicken Penne Pasta<br/>Broccoli &amp; Carrots<br/>Bayou Slaw<br/>Cornbread<br/>Lemon Poppy Seed Cake<br/>Birthday</p>   | <p><b>8/14</b></p> <p><i>Around the World</i><br/><i>New!</i> Greek Chicken Thigh<br/><i>New!</i> Gyro Slices (beef/lamb)<br/><i>New!</i> w/ Cucumber-Yogurt Sauce<br/>Broccoli<br/>Tomato, Cucumber, &amp; Feta Salad<br/>Pita Bread<br/>Spiced Peaches</p> | <p><b>8/15</b></p> <p>CLOSED</p>   |
| <p><b>8/18</b></p> <p>Chicken Spanish Rice<br/>Tuna Noodle Bake<br/>California Vegetables<br/>Black Bean Corn Salad<br/>Oat Bran Wheat Roll<br/>Fresh Banana</p>                                     | <p><b>8/19</b></p> <p>✓ BBQ Hamburger<br/>Garden Burger<br/>w/ Mayo, Mustard, and Ketchup<br/>Shredded Lettuce and Sliced Tomatoes<br/>Baked Beans<br/>Coleslaw<br/>Hamburger Bun<br/>Seasonal Fresh Fruit</p> | <p><b>8/20</b></p> <p>Spaghetti &amp; Meat Sauce<br/>Chicken Piccata<br/>Green Beans<br/>Spinach Romaine Salad<br/>Garlic Roll<br/>Seasonal Fruit<br/>Caesar Dressing</p>  | <p><b>8/21</b></p> <p>✓ Cottage Cheese<br/><i>New!</i> Chicken Cobb (bacon) Salad<br/>w/ Ranch Dressing<br/>over Spinach Romaine<br/>Pickled Beets<br/>Tropical Fruit<br/>Wheat Roll</p>   | <p><b>8/22</b></p> <p><i>Dog Days of Summer</i><br/>Turkey Hot Dog<br/>Bratwurst<br/>w/ Sauerkraut &amp; Mustard PC<br/>Baked Beans<br/>Potato Salad<br/>Hot Dog Bun<br/>Ice Cream Vanilla</p> |
| <p><b>8/25</b></p> <p>✓ Chicken Fajita Bowl<br/>Pasta Primavera<br/>Fiesta Vegetables<br/>Cilantro Coleslaw<br/>Oat Bran Wheat Roll<br/>Fresh Banana</p>   | <p><b>8/26</b></p> <p>✓ Turkey Rice Bake<br/>Cheese Lasagna Roll<br/>w/ Alfredo Sauce<br/>Stewed Tomatoes<br/>Apple Cranberry Coleslaw<br/>Seven Grain Roll<br/>Fresh Orange</p>                               | <p><b>8/27</b></p> <p><i>Around the World</i><br/>Orange Glazed Chicken<br/><i>New!</i> Pork Char Siu<br/>Rice Pilaf<br/>Sesame Green Beans<br/>Carrot Mandarin Salad<br/>Fortune Cookie</p>                     | <p><b>8/28</b></p> <p>Country Meatballs<br/>Herbed Chicken Patty<br/>w/ Country Gravy<br/>Whipped Potatoes<br/>Spinach<br/>Onion Bread<br/>Pineapple Tidbits</p>   | <p><b>8/29</b></p> <p>Chicken<br/>w/ Dijon Mustard Sauce<br/>Breaded Fish<br/>w/ Tartar Sauce<br/>Delmonico Potatoes<br/>Mixed Vegetables<br/>Rye Bran Bread</p>                               |