

# Willamalane Park Swim Center

Calendar Effective: June 30 - August 31, 2025

Note: This calendar is subject to change. Willamalane's Inclusion Services Program provides reasonable accommodations and may adjust the availability of lap lanes listed. Please call (541) 736-4080 with questions.

## Warm Pool

| Sunday | Monday                                      | Tuesday                              | Wednesday                                   | Thursday                             | Friday                                     | Saturday |
|--------|---|--------------------------------------|---|--------------------------------------|--|----------|
| Closed | Exercise on Your Own<br>6-8:30 a.m.         | Exercise on Your Own<br>6-11 a.m.    | Exercise on Your Own<br>6-8:30 a.m.         | Exercise on Your Own<br>6-11 a.m.    | Exercise on Your Own<br>6-9 a.m.           | Closed   |
|        | Exercise that Feels Good<br>9-9:45 a.m.     |                                      | Exercise that Feels Good<br>9-9:45 a.m.     |                                      | Exercise that Feels Good<br>9-9:45 a.m.    |          |
|        | Aquatone<br>10 - 10:45 a.m.                 |                                      | Aquatone 10-10:45 a.m                       |                                      | Aquatone<br>10-10:45 a.m.                  |          |
|        | Swim Lessons*<br>11-11:30 a.m.              | Swim Lessons*<br>11-11:30 a.m.       | Swim Lessons*<br>11-11:30 a.m.              | Swim Lessons*<br>11-11:30 a.m.       | Exercise on Your Own<br>10:45 a.m.-12 p.m. |          |
|        | Exercise on Your Own<br>11:30 a.m. - 4 p.m. | Ai-Chi<br>12-12:45 p.m.              | Exercise on Your Own<br>11:30 a.m. - 4 p.m. | Ai-Chi<br>12-12:45 p.m.              | Ai-Chi<br>12-12:45 p.m.                    |          |
|        |   | Exercise on Your Own<br>12:45-4 p.m. |   | Exercise on Your Own<br>12:45-4 p.m. | Exercise on Your Own<br>12:45 - 4:30 p.m.  |          |
|        | Swim Lessons<br>4-7:30 p.m.                 | Swim Lessons<br>4-6:30 p.m.          | Swim Lessons<br>4-7:30 p.m.                 | Swim Lessons<br>4-6:30 p.m.          | Recreation Swim<br>4:30 - 6:30 p.m.        |          |
|        |   | Aquatone<br>6:30-7:15 p.m.           |   | Aquatone<br>6:30-7:15 p.m.           |  |          |
|        | Kayak<br>7:30-9 p.m.                        | Ai-Chi<br>7:30-8:15 p.m.             | Kayak<br>7:30-9 p.m.                        | Ai-Chi<br>7:30-8:15 p.m.             | Exercise on Your Own<br>6:30 - 9 p.m.      |          |
|        |   | Exercise on Your Own<br>8:15-9 p.m.  |   | Exercise on Your Own<br>8:15-9 p.m.  |  |          |

## Dive Tank

| Sunday | Monday                                    | Tuesday                                       | Wednesday                                 | Thursday                                      | Friday  | Saturday / Sunday |
|--------|---|---|---|---|---|-------------------|
| Closed | Exercise on Your Own<br>6-7:30 a.m.       | Exercise on Your Own<br>6-11 a.m.             | Exercise on Your Own<br>6-7:30 a.m.       | Exercise on Your Own<br>6-11 a.m.             | Exercise on Your Own<br>6-7:30 a.m.           | Closed            |
|        | Hydro-Fit<br>7:30-8:15 a.m.               |   | Hydro-Fit<br>7:30-8:15 a.m.               |   | Hydro-Fit<br>7:30-8:15 a.m.                   |                   |
|        | Exercise on Your Own<br>8:15-11 a.m.      |   | Exercise on Your Own<br>8:15-11 a.m.      |   | Exercise on Your Own<br>8:15 a.m. - 4:30 p.m. |                   |
|        | Deep Water Exercise<br>11-11:45 a.m.      | HIIT<br>11-11:45 a.m.                         | Deep Water Exercise<br>11-11:45 a.m.      | HIIT<br>11-11:45 a.m.                         |   |                   |
|        | Exercise on Your Own<br>11:45 a.m.-6 p.m. | Exercise on Your Own<br>11:45 a.m. -5:15 p.m. | Exercise on Your Own<br>11:45 a.m.-6 p.m. | Exercise on Your Own<br>11:45 a.m. -5:15 p.m. | Recreation Swim<br>4:30 - 6:30 p.m.           |                   |
|        |   | Hydro-Fit<br>5:15-6 p.m.                      |   | Hydro-Fit<br>5:15-6 p.m.                      | Exercise on Your Own<br>6:30 - 9 p.m.         |                   |
|        | Hydro-Fit<br>6-6:45 p.m.                  | Exercise on Your Own<br>6-9 p.m.              | Hydro-Fit<br>6-6:45 p.m.                  | Exercise on Your Own<br>6-9 p.m.              |   |                   |
|        | Diving Class**<br>7-8 p.m.                |   | Diving Class**<br>7-8 p.m.                |   |   |                   |
|        | Exercise on Your Own<br>8-9 p.m.          |   | Exercise on Your Own<br>8-9 p.m.          |   |   |                   |

## Lap Lanes

| Sunday | Monday                               | Tuesday                              | Wednesday                            | Thursday                             | Friday                               | Saturday / Sunday |
|--------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|-------------------|
| Closed | 8 Open Lap Lanes<br>6 a.m.-3:30 p.m. | 8 Open Lap Lanes<br>6 a.m.-3:30 p.m. | 8 Open Lap Lanes<br>6 a.m.-3:30 p.m. | 8 Open Lap Lanes<br>6 a.m.-3:30 p.m. | 8 Open Lap Lanes<br>6 a.m.-3:30 p.m. | Closed            |
|        | 0 Open Lap Lanes<br>3:30-7:30 p.m.   | 0 Open Lap Lanes<br>3:30-7:30 p.m.   | 0 Open Lap Lanes<br>3:30-7:30 p.m.   | 0 Open Lap Lanes<br>3:30-7:30 p.m.   | 0 Open Lap Lanes<br>3:30-7:30 p.m.   |                   |
|        | 4 Open Lap Lanes<br>7:30-9 p.m.      | 8 Open Lap Lanes<br>7:30-9 p.m.      | 8 Open Lap Lanes<br>7:30-9 p.m.      | 4 Open Lap Lanes<br>7:30-9 p.m.      | 8 Open Lap Lanes<br>7:30-9 p.m.      |                   |

## Facility Closures / Use Adjustments

**\*Warm Pool Swim Lessons:** Swim lessons take place in the warm pool from 11-11:30 from June 30- Aug. 7

**\*\*Dive Class note:** Starting June 15, diving classes are held most Monday and Wednesday nights from 7-8 p.m.

**July 4:** Facility closed for holiday.

**July 15:** Dive tank closed 6-8 p.m. for kayak class

**July 22:** Dive tank closed 6-8 p.m. for kayak class

**August 5:** Dive tank closed 6-8 p.m. for kayak class

**August 19:** Dive tank closed 6-8 p.m. for kayak class