



SENIOR AND DISABILITY SERVICES



OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ALLERGEN DISCLAIMER: Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply chain.</p>	<p>Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) Milk Served with Meals.</p> <p>✓ denotes vegetarian option <i>New!</i> denotes new item</p>	<p>1 Turkey Rice Bake ✓ Cheese Lasagna Roll w/ Alfredo Sauce Stewed Tomatoes Apple Cranberry Coleslaw Seven Grain Roll Fresh Orange</p>	<p>2 Country Meatballs w/ Gravy Herbed Chicken Patty w/ Country Gravy Whipped Potatoes Spinach Onion Bread Pineapple Tidbits</p>	<p>3 Around the World Orange Glazed Chicken <i>New!</i> Sliced Pork Char Siu Rice Pilaf Sesame Green Beans Carrot Mandarin Salad Fortune Cookie</p>
<p>6 ✓ Pasta Primavera Roasted Pork w/ Apple Chutney Brown Rice Mixed Vegetables Romaine Salad Fresh Sliced Apples</p>	<p>7 Beef Stroganoff Chicken Parmesan Whipped Potatoes Green Beans Garlic Bread Fresh Banana</p>	<p>8 Tuna Salad Half Sandwich Turkey Salad Half Sandwich Shredded Lettuce Lentil Soup Kidney Bean Salad Wheat Bread Tropical Fruit</p>	<p>9 Scalloped Potatoes & Turkey Beef Rigatoni Garlic Spinach Garden Vegetable Salad Seven Grain Roll Fresh Orange</p>	<p>10 Around the World <i>New!</i> Chicken Thigh Mole <i>New!</i> Diced Pineapple Pork (al Pastor) Pinto Beans Cilantro Coleslaw Corn Tortilla (2 each) Hot Spiced Fruit</p>
<p>13 ✓ Chicken Alfredo Bake ✓ Vegetarian Meatballs w/ Marinara Sauce and Pasta California Vegetables Green Salad Rye Bran Roll Mixed Fruit</p>	<p>14 Chicken Caesar Salad w/ French Roll Santa Fe Turkey Mini Salad w/ Tortilla Chips over Spinach Romaine Corn Chowder Tropical Fruit</p>	<p>15 Around the World <i>New!</i> Chicken (Thigh) Teriyaki Sesame Ginger Pork <i>New!</i> Coconut Jasmine Rice Kyoto Vegetables Sesame Slaw Poke n' Pour Cake-Birthday</p>	<p>16 Closed</p>	<p>17 Closed</p>
<p>20 Meatloaf w/ Brown Gravy Herbed Chicken Patty w/ Cordon Bleu Sauce Garlic Whipped Potatoes Carrots Cracked Wheat Bread Fresh Orange</p>	<p>21 Chicken in Peanut Sauce Beef Sukiyaki Brown Rice Sesame Green Beans Marinated Vegetable Salad Spiced Peaches</p>	<p>22 Turkey Tetrazzini Beef Enchilada Bake Fiesta Vegetables Romaine Salad Cornmeal Roll Tropical Fruit</p>	<p>23 ✓ Hearty Chicken Stew ✓ Macaroni & Cheese Peas and Carrots Creamy Coleslaw Oat Bran Wheat Roll Pineapple Tidbits</p>	<p>24 Western Style Beef Steak w/ Country Gravy Chicken Breast w/ Tomato Mushroom Sauce Delmonico Potatoes Spinach Rye Bread Fresh Pear</p>
<p>27 Chicken Pot Pie Beef Bavarian (Pork) Stew Mixed Vegetables Pineapple Slaw Biscuit Tropical Fruit</p>	<p>28 Brunch for Lunch ✓ Spinach Strata Pork Sausage Patty w/ Cheese O'Brien Potatoes Cauliflower, Broccoli, & Craisin Salad Whole Grain Bagel Hot Spiced Peaches</p>	<p>29 Shoyu Chicken Sweet & Sour Pork Brown Rice Kyoto Vegetables Carrot Pineapple Salad Blushing Pears</p>	<p>30 Halloween Special Beef Patty w/ Pepper Onion Gravy Roasted Turkey w/ Poultry Gravy Whipped Potatoes Broccoli & Carrots Squash Bread Red Devil Beet Cake</p>	<p>31 Halloween Special Chicken w/ Paprika Cream Sauce Beef Mushroom Patty Garlic Whipped Potatoes Stewed Tomatoes Cracked Wheat Bread Pumpkin Bar</p>