



# SENIOR AND DISABILITY SERVICES



# SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Closed</b>	2 <b>Labor Day Special</b> BBQ Chicken Patty BBQ Pulled Pork Baked Beans Macaroni Salad WG Hamburger Bun Gelatin with Fruit	3 Southwest Chicken Pasta Bake Sweet & Sour Pork Brown Rice Mixed Vegetables Pineapple Slaw Seven Grain Bread Tropical Fruit	4 ✓ Cheese Omelet w/ Salsa Pork Sausage Gravy Red Potatoes Broccoli Biscuit Fresh Banana	5 Mozzarella Chicken Pizza Pasta Bake (pork) Broccoli and Cauliflower Garbanzo Bean Salad French Roll Seasonal Fruit
8 <b>Grandparent's Day Special</b> Roasted Turkey w/ Poultry Gravy Liver & Onions w/ Gravy Whipped Potatoes California Vegetables Garlic Bread Applesauce Gingerbread	9 ✓ Chili Macaroni ✓ Southwest Omelet Bake Sliced Carrots Broccoli Ranch Salad Rye Bran Roll Black Forest Cake-Birthday	10 Salisbury Steak w/ Brown Gravy Herbed Chicken Patty w/ Creole Sauce Lyonnais Potatoes California Vegetables Sunflower Seed Bread Pineapple Tidbits	11 Shaved Turkey Half Sandwich Meatloaf Half Sandwich Potato Onion Soup New! Spinach Salad with Radishes Wheat Bread Tropical Fruit	12 Beef Soft Taco Lettuce & Tomato Chicken Fajitas Shredded Cheese Pinto Beans Romaine Iceberg Salad Lemon Dressing Flour Tortilla Fresh Banana
15 Beef Chili w/Beans Chicken Penne Pasta Broccoli & Carrots Bayou Slaw Cornbread Fresh Apple	16 Tuna Salad Half Sandwich Ham & Swiss Cheese Half Sandwich ✓ Shredded Lettuce ✓ Lentil Soup Carrot Raisin Salad Whole Wheat Bread Tropical Fruit	17 Homestyle Turkey Patty w/ Poultry Gravy Baked Fish w/ Lemon Rosemary Sauce Diced Red Potatoes Club Spinach (warm) French Bread Fresh Orange	18 ✓ Ground Beef Stew Vegetable Romanoff Whole Kernel Corn Kidney Bean Salad Multigrain Roll Fresh Banana	19 <b>Closed</b>
22 ✓ BBQ Hamburger Garden Burger w/ Mayo, Mustard, and Ketchup Shredded Lettuce and Tomatoes Ranch Beans Coleslaw Hamburger Bun Seasonal Fresh Fruit	23 Chicken Spanish Rice Tuna Noodle Bake California Vegetables Black Bean Corn Salad Oat Bran Wheat Roll Fresh Banana	24 Pineapple Chicken Homestyle Pork Patty w/ Pork Gravy Oven Roasted Potatoes Glazed Carrots Cracked Wheat Bread Fresh Apple	25 Spaghetti & Meat Sauce Chicken Piccata Green Beans Spinach Romaine Salad Garlic Roll Seasonal Fruit Caesar Dressing	26 <b>Oktoberfest Special</b> German Meatballs w/ Sauce Sausage (Pork) w/ Sauerkraut Corn with Peppers ✓ German Potato Salad (Hot) Hot Dog Bun or Rye Bran Roll German Chocolate Cake
29 Chicken w/ Dijon Mustard Sauce Breaded Fish w/ Tartar Sauce Delmonico Potatoes Mixed Vegetables Rye Bran Bread Fresh Apple	30 ✓ Chicken Fajita Bowl Pasta Primavera Fiesta Vegetables Cilantro Coleslaw Oat Bran Wheat Roll Fresh Banana	<b>ALLERGEN DISCLAIMER:</b> Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply chain.		✓ denotes vegetarian option New! denotes new item
		<b>Suggested Donation: \$3.00 per Meal (Dining Room)</b> <b>\$3.00 per Meal (MOW)</b> <b>Milk Served with Meals.</b>		