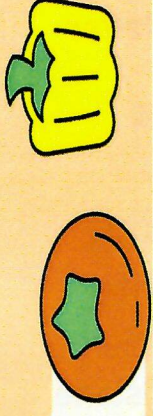


SENIOR AND DISABILITY SERVICES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALLERGEN DISCLAIMER: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. Please inform a team member if you have a food allergy.				
6 Lime Chicken <i>Baked Tilapia</i> w/ Spanish Sauce Brown Cilantro Lime Rice Whole Kernel Corn Fiesta Vegetables Fresh Apple Slices	7 Creamed Chicken and Vegetables <i>Roast Pork w/ Gravy</i> Chuckwagon Corn Whipped Potatoes Peas and Carrots Oat Bran Bread Fresh Orange	1 Hearty Turkey Stew <i>Tuna Pasta Bake</i> Mixed Vegetables Apple Cranberry Coleslaw Oat Bran Bread Spiced Peaches	2 Chicken Supreme <i>Homestyle Pork Patty w/ Gravy</i> Mashed Spiced Yams California Vegetables Seven Grain Bread Fresh Banana	3 Shaved Turkey Half Sandwich <i>Egg Salad Half Sandwich</i> <i>New!</i> Butternut Squash Soup Garbanzo Bean Salad Wheat Bread Mixed Fruit
13 Butter Chicken <i>Kalua Pork</i> w/ Teriyaki Sauce Jasmine Rice Sesame Green Beans Carrot Mandarin Salad Fresh Apple Slices	14 <i>Around the World</i> Baked Chicken <i>New!</i> w/ Mediterranean Sauce <i>Breaded Fish</i> w/ Tartar Sauce Orzo Lemon Pasta Tomato, Cucumber, Feta Salad Blushing Peas	8 <i>Around the World</i> <i>New!</i> Mongolian Chicken <i>New!</i> Sweet & Sour Meatballs Brown Rice Kyoto Vegetables Ginger Carrots Frosted Chocolate Cake-Birthday Special	9 Garden Turkey Mini Salad Caesar Dressing <i>BBQ Chicken Mini Salad</i> <i>Ranch Dressing</i> Over Greens Pickled Beets Herb Roll Tropical Fruit	10 Macaroni & Cheese <i>Farmer's Chicken Stew</i> Stewed Tomatoes Garlic Spinach Rye Bran Roll Pears
20 Broccoli Strata <i>Pork Sausage Patty</i> w/ Cheese Diced Potatoes California Vegetables Biscuit Applesauce	21 Beef Spanish Rice <i>Chicken Mushroom Bake</i> Whole Kernel Corn Coleslaw Seven Grain Roll Fresh Orange	15 Chicken Parmesan Sandwich <i>New!</i> <i>Vegetarian Sloppy Joe</i> Brussels Sprouts Marinated Zucchini Salad Hamburger Bun Spiced Peaches (warm)	16 <i>New!</i> Yogurt Dill Turkey Salad <i>Egg Salad Half Sandwich</i> <i>Lentil Soup</i> Kidney Bean Salad Wheat Bread Pineapple Tidbits Peaches	17 Closed
27 Turkey Rice Bake <i>Beef Kettle Lasagna</i> Winter Vegetables Carrot Pineapple Salad Sunflower Roll Fresh Apple Slices	28 Swiss Style Beef Patty w/ Brown Gravy <i>Southwestern Spice Chicken</i> Diced Potatoes Carrots Squash Bread Peaches	22 Meatloaf w/ Brown Gravy <i>Hawaiian Chicken</i> w/ Sauce Delmonico Potatoes Mixed Vegetables Oat Bran Bread Fresh Apple Slices	23 Spring Special Chicken Breast w/ Apple Cider Glaze <i>Sliced Ham</i> w/ Brown Sugar Glaze Mashed Spiced Yams Green Beans Onion Bread Coconut Treasure Cake	24 Chicken Breast w/ Peanut Sauce <i>Sesame Diced Pork</i> Brown Rice Broccoli and Carrots Sesame Coleslaw Mandarin Oranges
		29 Chicken Caesar Salad <i>Cottage Cheese</i> over Greens <i>Split Pea Soup</i> Multigrain Roll Tropical Fruit	30 Beef Stroganoff <i>Vegetarian Meatballs</i> w/ <i>Marinara Sauce</i> Penne Pasta California Vegetables Carrot Pepper Coleslaw Garlic Roll Fresh Orange	25 Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) Milk Served with Meals. Vegetarian item meal contains over 1,000 mg sodium <i>New!</i> New Menu item