



# SENIOR AND DISABILITY SERVICES

# JANUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Suggested Donation: \$3.00 per Meal (Dining Room)</b>  <b>\$3.00 per Meal (MOW)</b>  <b>Milk Served with Meals.</b></p> <p><b>5 New Year's Day Special</b>            Chicken Breast            w/ Creole Sauce  <i>Sliced Ham</i>            w/ <i>Raisin Sauce</i>            Garlic Whipped Potatoes            Italian Vegetables            Squash Bread            Cranberry Crunch Bar</p> <p><b>12</b>            A1 Chopped Steak  <i>BBQ Chicken Quarter</i>            Garlic Whipped Potatoes            Club Spinach (hot)            Onion Bread            Tropical Fruit</p> <p><b>19</b>  <b>Closed</b></p> <p><b>26</b>            Beef Patty w/Peppers and Onions  <i>Breaded Pollock Fish</i>            w/ <i>Alfredo Basil Sauce (Side)</i>            Rosemary Red Diced Potatoes            Creamed Spinach            Oat Bran Roll            Golden Fruit Cup</p>	<p><b>ALLERGEN DISCLAIMER:</b>            This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.</p> <p><b>6</b>            Turkey Pot Pie  <i>Cowboy Campfire Stew</i>            Chuckwagon Corn            Cucumber and Red Onion Salad            Biscuit            Fresh Apple Slices</p> <p><b>13</b>            Beef Chili Macaroni            ✓ <i>California Cheese Bake</i>            Winter Vegetables            Corn and Black Bean Salad            Cracked Wheat Roll            Blushing Pears</p> <p><b>20</b>            Chicken Supreme  <i>Homestyle Pork Patty</i>            w/ <i>Pork Gravy</i>            Mashed Spiced Yams            California Vegetables            Seven Grain Bread            Fresh Banana</p> <p><b>27</b>            Chicken Soft Taco  <i>Beef Soft Taco</i>            Shredded Lettuce &amp; Tomatoes            Pinto Beans            Chuckwagon Corn            Tortilla            Pineapple Tidbits</p>	<p><b>7</b>            ✓ <i>Pasta Primavera</i>  <i>Breaded Pollock Fish</i>            w/ <i>Tartar Sauce</i>            and <i>Rice Pilaf</i>            Spring Chef Cut Vegetables            Kidney Bean Salad            Rye Bran Bread            Hot Spiced Applesauce</p> <p><b>14</b>  <b>Around the World</b>  <i>New!</i> Chicken Gumbo  <i>Baked Fish Tilapia w/ Spanish Sauce</i>  <i>New!</i> Dirty Rice            Succotash            Romaine Iceberg Salad            Mandarin Oranges</p> <p><b>21</b>            Hearty Turkey Stew  <i>Tuna Pasta Bake</i>            Mixed Vegetables            Apple Cranberry Coleslaw            Oat Bran Roll            Spiced Peaches</p> <p><b>28</b>            Salisbury Steak w/ Gravy            Whipped Potatoes            ✓ <i>Vegetarian Southwest Pasta</i>            Brussels Sprouts            Glazed Carrots            Multigrain Roll            Fresh Apple Slices</p>	<p><b>1</b>  <b>Closed</b></p> <p><b>8</b>            Garden Chicken Mini Salad            Caesar Dressing  <i>Turkey Pasta Salad</i>            over Spinach Romaine            Corn Chowder            Herb Roll            Pineapple Tidbits</p> <p><b>15</b>  <b>Closed</b></p> <p><b>22</b>            Meatloaf            w/ Brown Gravy  <i>Herbed Chicken Patty</i>            w/ <i>Creamy Paprika Sauce</i>            Lyonnaise Potatoes            Peas and Carrots            Rye Bran Bread            Pineapple Tidbits</p> <p><b>29</b>  <b>Around the World</b>            Shoyu Chicken  <i>New!</i> Pork w/ Korean BBQ Sauce  <i>New!</i> Pineapple Brown Rice            Broccoli            Sesame Slaw            Fresh Orange</p>	<p><b>2</b>            Turkey Tetrizzini  <i>Beef Enchilada Bake</i>            Fiesta Vegetables            Romaine Salad            Cornmeal Roll            Tropical Fruit</p> <p><b>9</b>            Orange Glazed Chicken  <i>Sweet &amp; Sour Pork</i>            Brown Rice            Ginger Carrots            Beet and Mandarin Orange Salad            Diced Peaches</p> <p><b>16</b>  <b>Closed</b></p> <p><b>23</b>            Chicken Mushroom Bake            ✓ <i>Zucchini Lasagna</i>            San Francisco Vegetables            Romaine Iceberg Salad            Multigrain Roll            Tropical Fruit</p> <p><b>30</b>            Lasagna Cheese Roll Up            w/ Turkey Bolognese            ✓ <i>Macaroni Cheese</i>            Italian Vegetables            Pickled Beets            Garlic Roll            Tropical Fruit</p>