

July

SENIOR AND DISABILITY SERVICES



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| <p>ALLERGEN DISCLAIMER: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. Please inform a team member if you have a food allergy.</p> | <p>Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) Milk Served with Meals.</p> | | | |
| <p>6 <i>Around the World</i> <i>New!</i> (Chicken) Pollo a la Crema <i>Beef Spanish Rice</i> Broccoli Black Bean and Corn Salad Onion Roll Spiced Peaches</p> | <p><i>New!</i> New Menu Item Vegetarian Item Meal over 1,000 mg of Sodium</p> | <p>1 ✓ Broccoli Strata Pork Sausage Patty w/ Cheese <i>Diced Potatoes</i> California Vegetables Biscuit Applesauce</p> | <p>2 <i>Independence Day Special</i> Hamburger w/ Campfire Sauce BBQ Pulled Chicken Baked Beans Creamy Coleslaw WG Hamburger Bun Gelatin w/ Whipped Topping</p> | <p>3 <i>Closed</i></p> |
| <p>13 Pineapple Chicken <i>Homestyle Pork Patty w/ Pork Gravy</i> Oven Roasted Potatoes Glazed Carrots Cracked Wheat Bread Fresh Apple</p> | <p>7 Beef Chili w/Beans Chicken Penne Pasta Spinach Bayou Slaw Cornbread Fresh Apple</p> | <p>8 Homestyle Turkey Patty w/ Poultry Gravy Baked Fish w/Lemon Rosemary Sauce Diced Red Potatoes San Francisco Vegetables French Bread Fresh Orange</p> | <p>9 Tuna Salad Half Sandwich Ham & Swiss Cheese Half Sandwich Shredded Lettuce ✓ Lentil Soup Carrot Raisin Salad Whole Wheat Bread Tropical Fruit</p> | <p>10 Ground Beef Stew ✓ <i>Cheesy Vegetarian Bake</i> Mixed Vegetables Marinated Corn Salad Multigrain Roll Seasonal Fruit</p> |
| <p>20 Turkey Rice Bake ✓ <i>Cheese Lasagna Roll w/ Alfredo Sauce</i> Stewed Tomatoes Apple Cranberry Coleslaw Seven Grain Roll Tropical Fruit</p> | <p>14 Spaghetti & Meat Sauce <i>Chicken Piccata</i> Green Beans Spinach Romaine Salad Garlic Roll Seasonal Fruit</p> | <p>15 ✓ <i>Cottage Cheese</i> <i>New!</i> <i>Chicken Deluxe (bacon) Salad</i> over Spinach Romaine Pickled Beets Wheat Roll Tropical Fruit</p> | <p>16 <i>Closed</i></p> | <p>17 <i>Closed</i></p> |
| <p>27 Mozzarella Chicken <i>Pizza Pasta Bake (pork)</i> Broccoli and Cauliflower Garbanzo Bean Salad French Roll Seasonal Fruit</p> | <p>21 <i>Around the World</i> Orange Glazed Chicken ✓ <i>New!</i> <i>Kofta Meatballs</i> Brown Rice Sesame Green Beans Carrot Mandarin Salad Fortune Cookie</p> | <p>22 Country Meatballs <i>Herbed Chicken Patty w/ Country Gravy</i> Whipped Potatoes Spinach Onion Roll Fresh Orange</p> | <p>23 Chicken w/ Dijon Mustard Sauce <i>Breaded Fish w/ Tartar Sauce</i> Delmonico Potatoes Mixed Vegetables Rye Bran Bread Fresh Apple</p> | <p>24 Chicken Fajita Bowl <i>Turkey Tetrazzini</i> Fiesta Vegetables Cilantro Coleslaw Oat Bran Wheat Roll Pineapple Tidbits</p> |
| | <p>28 Shoyu Chicken <i>BBQ Pork Rib Patty</i> Garlic Whipped Potatoes Mixed Vegetables Honey Wheat Bread Peaches</p> | <p>29 ✓ <i>Cheese Omelet w/ Salsa</i> <i>Pork Sausage Gravy</i> Red Potatoes Broccoli Biscuit Cinnamon Applesauce</p> | <p>30 Sloppy Joe BBQ (<i>diced</i>) Chicken Sandwich Green Peas Carrot & Pineapple Salad WG Hamburger Bun Fresh Apple</p> | <p>31 ✓ <i>Pasta Primavera</i> <i>Sweet & Sour Pork</i> <i>Brown Rice</i> Mixed Vegetables Pineapple Slaw Seven Grain Bread Tropical Fruit</p> |